

UNIMED *titbits*



A bi-monthly bulletin of the University of Medical Sciences, Ondo City, Ondo State.

Sports promote
good health –
Okonofua

UNIMED Works
Director bags
NSE Award

EXCLUSIVE NEWS

Okonofua advocates varsities' financial autonomy

The Vice-Chancellor, University of Medical Sciences, Ondo, Prof. Friday Okonofua FAS has thrown his weight behind the financial independence of Nigerian universities. He made his position known during the 3- day Short Course in Master Grant Proposal Writing and Financial Management in tertiary institutions, held at the faculty of basic medical sciences, UNIMED, Ondo. Okonofua said, **"You can't build 21st century university without money and you can't do that with government subventions alone. And now that government subvention is dwindling, education is about the fifth on the list of governments in every part of this country"**.

He posited that universities are marketable and should be able to generate funds from other sources such as grants from donors across the world, hence the need for the training in master grant proposal writing. Delivering the key note address entitled Leveraging Financial Resources for achieving Research and Training Excellence in Nigerian Universities, the Chairman, Committee of Vice-Chancellors of Nigerian Universities, Prof. Adebisi Daramola emphasized the need for ingenuity and transparency in research and proposal writing.

By Temitope Oluwatayo



L-R: Former Vice-Chancellor, University of Ibadan, Prof. O. A. Bamiro; ex- Executive Secretary, National Universities Commission, Prof. Peter Okebukola; VC, University of Medical Sciences, Ondo, Prof. Friday Okonofua; Registrar, UNIMED, Dr. (Mrs) Funke Oyeboade and the VC, UI, Prof. Idowu Olayinka during the three-day Short Course on Master Grant Proposal Writing organised by UNIMED.

Ugwu leaf ameliorates BPH

A lecturer in the department of Anatomy, University of Medical Sciences, Ondo, Mr. Akinsola Akinyemi has said leaf and seed extracts from *Telfairia occidentalis*, popularly called Ugwu is vital in the amelioration of benign prostatic hyperplasia (BPH).

He stated this at the 23rd edition of International Student Congress of (Bio) Medical Sciences, ISCOMS held at University Medical Centre Groningen, the Netherlands.

In an interview with **UNIMED titbits**, Akinyemi revealed that the problem of BPH has been a major concern to the global community in the recent years. He said, "about 55% of men above 50 years of age across the globe have been reported to have symptom(s) of BPH".

He added that age is a primary determinant of the medical problem as it has been recently reported that over 90% of men around 80 years and above are presently managing BPH across the globe.



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Sports promote good health– VC



Members of UNIMED Sports Committee in a group photograph with Prof. Friday Okonofua

The Vice-Chancellor, University of Medical Sciences Ondo, Prof. Friday Okonofua has identified sports as a very important way of promoting good health. He said this during the inauguration of the university's sports committee.

The eight-man committee has the Director of Public Relations, Prince Ademola Babalola, as the chairman. Prof. Okonofua said UNIMED

as a medical institution, is poised to "promote all aspects of healthy living which include sports".

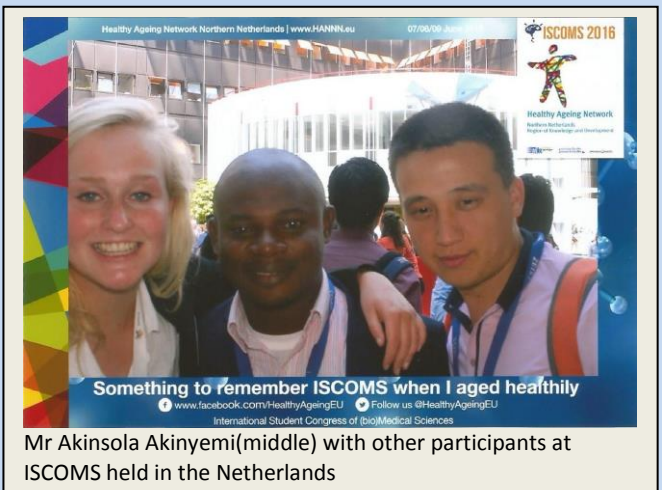
According to the VC, sports is also another productive way of tackling social vices such as cultism while promoting healthy skills among students. He said the first task before the committee is to organise a formidable *contd on page 2*

Ugwu ameliorates BPH

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Akinyemi said his work was aimed at determining 'a model' for prevention or better management of BPH as the presently available drugs are costly and often accompanied with series of side effects such as impotency and low libido in ageing men. He affirmed that his

research proved that the seed and leaf extracts of uguwu is important in the reduction of BPH when induced in wistar rats. This year's edition of ISCOMS featured approximately 600 participants across the world, out of which about 350 presented their research and results in different fields of (bio)medical sciences



Mr Akinyemi(middle) with other participants at ISCOMS held in the Netherlands

UNIMED Works Director bags NSE Award

The Director of Works and Services Department, University of Medical Sciences, Ondo, Engr. Olatunde Johnson Adegbola has been conferred with the Merit award of the Nigerian Society of Engineers. The award night was part of the 2016 Engineering week of the Akure branch of NSE held at the BTO hall, Akure.

In his welcome address at the occasion, the Chairman, Nigerian Society of Engineers, Akure Branch, Engr. Babajide

Atandeyi said the award was in recognition of outstanding service of members who had contributed immensely to the growth of the society in the last one year.

In an interview with UNIMED titbits, Engr. Adegbola attributed the success to God and his dedication to duty when he served as a member of e-library development committee and as the coordinator of Ondo zone of the branch.



UNIMED September Babies

Students

Jimoh	Philips Shina	Sept 1
Oluboyo	Ganiyat A.	Sept 7
Adeyankinnu	Tope	Sept 8
Afolabi	Moriah O.	Sept 9
Olaogun	Ibukun David	Sept 13
Akinyemi	I. Oyinkansola	Sept 13
Ogunleye	Temiloluwa A.	Sept 14
Ogundowo	Funmilayo E.	Sept 15
Gold	Mofehintoluwa	Sept 17
Kolawole	Rereloluwa V.	Sept 17
Ogunmiluyi	Oluwafunbi	Sept 17
Ajao	Bolanle Zeenat	Sept 18
Oyelere	Doyinsola J.	Sept 19
Ikheloa	Osememen O.	Sept 22
Akinkurolere	Olawale	Sept 25
Kayode	Oluwaseun M.	Sept 28

Staff

Miss. Ojeme	Diana	Sept 2
Mr. Falade	Ayodele O.	Sept 5
Ms Aladekoyi	Opeyemi	Sept 10
Mr Adekoya	Johnson	Sept 11
Mr. Matthew	Paul	Sept 11
Mr. Bada	Oluwadare A.	Sept 18
Mrs. Ologere	Bunmi I.	Sept 26
Mr Ogundare	Oluwaseun	Sept 30
Mr Fabusuyi	Abraham	Sept 30



Stories compiled by : Temitope Oluwatayo
Edited by: Prince Ademola Babalola

Sports promote good health---VC

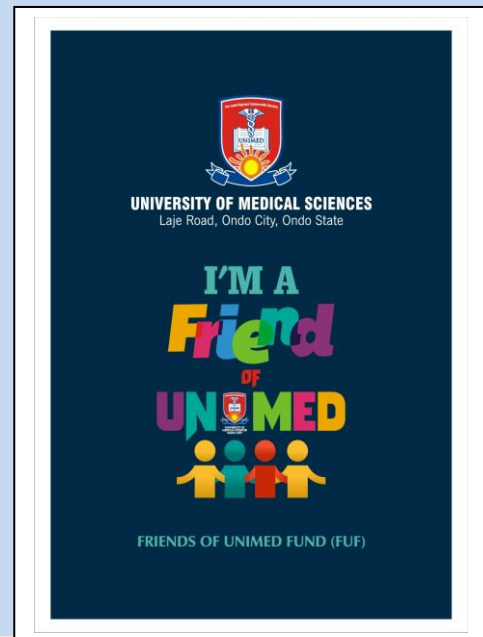
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team against Joseph-Ayo Babalola University(JABU) in an upcoming football competition.

Responding, Prince Babalola, who is a former footballer, appreciated the Vice-Chancellor for considering him and others worthy of being part of the committee.

“Let me assure you that this committee will deliver and we will be proving our worth by defeating JABU in the upcoming football competition”, Babalola said . He said the committee will swing into action by getting necessary football kits and a standard pitch to commence training immediately.

Prince Babalola said the committee will also promote other forms of sport such as swimming, basketball and table tennis not only for students but also staff of the university.



About UNIMEDtitbits

- UNIMED *titbits* is a bi-monthly news publication of the Public Relations Department.
- Heads of Departments/Units, Deans and Principal officers of the university are hereby encouraged to carry the PR dept along in the planning of events related to the University .

Call for Articles

Articles of not more than 250 words in electronic format are welcomed for publication from both staff and students of the University

For comments / enquiries, please contact the PR dept.

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