**CURRICULUM VITAE**

**A. Personal Data**

Full Name: **UTEH** Blessing Enorioware Aminatu (Nee Idemudia)

Date of Birth: 24th December, 1981

Details of Contact Address: Oka, Ondo, Ondo State

(a) E-mail address (es): [buteh@unimed.edu.ng](mailto:buteh@unimed.edu.ng), utehb@yahoo.com

(b) Mobile Phone Number(s): 08163164847, 08072482775

Nationality: Nigerian

State of Origin: Edo

Senatorial District: Oredo

Local Government Area: Uhunmwonde

Permanent Home Address: No 3 Eguavoen avenue, off Gapiona road, GRA, Benin City

Next of Kin: Otali Oji Uteh

Contact Address of Next of Kin: No 3 Eguavoen avenue, off Gapiona road, GRA, Benin City

E-mail address (es): otaliuteh@gmail.com

Mobile Phone Number(s):08188277894, 08038593145

Date of Assumption of Duty: 26th November 2018

Rank/status on First Appointment: Lecturer 1

Present Status: Lecturer 1

Date of Last Promotion: not applicable

Present Salary, Grade Level and Step: CONNUASS 4 step 1

Date of Confirmation of Appointment: not applicable

Faculty/Directorate: Clinical sciences

Department/Unit: Internal medicine/ Psychiatry

**B. Educational Background**

Senior secondary school certificate (SSCE), Presentation National High School, Benin City, Nigeria (June, 1997).

Bachelors in Medicine and Surgery (MBBS), University of Benin, Benin City, Nigeria (March, 2006).

Academic/Professional Qualifications and Distinctions Obtained with Dates:

Commonwealth Professional Fellowship undertaken at The Meriden Family Programme in Birmingham, United Kingdom (2013-2014).

Trainer for the United Nations Office on Drugs and Crime on drug dependence treatment, volume C undertaken at the Federal Neuropsychiatric Hospital, Aro, Abeokuta (March, 2015).

Fellowship of the West African College of Physicians (FWACP), in the Faculty of Psychiatry (October, 2016)

Other Distinctions and Awards with Dates:

Best graduating student in the Department of Mental Health, School of Medicine in the 2004/2005 session, University of Benin.

Merit award as the vice president/ medical director of the Corp members’ medical team, National Youth Service Corps, Egor zone, Edo state (2008/2009).

**C. Work Experience with Dates**

**House officer:** University of Benin Teaching Hospital (2007)

**Medical officer:** Nigerian Army School of Supply and Transport, Isihor, Benin city (2008-2009).

**Medical officer:** The Rock hospital, 88b Ihama road, Benin City (2009-2010).

**Resident doctor:** Federal Neuropsychiatric Hospital, Benin City (2010 to 2017).

**Consultant Psychiatrist:** Health Field Specialist Hospital, Benin City (Jan 2018 to Nov 2018)

**Volunteer doctor:** Edo State task force on the rehabilitation of deportees (Jan 2018 to Nov 2018)

**Lecturer I:** University of Medical Sciences, Ondo, Ondo State (Nov 2018 till date)

**Honorary consultant:** University of Medical Sciences Teaching Hospital, Ondo State (Jan 2019 till date)

Courses Taught Within the Current Academic Session

* Introduction to psychiatry
* History of psychiatry
* Disorders of perception
* Psychiatric aspect of trauma
* Early intervention in psychosis
* Genetics and psychiatry

Current Undergraduate Supervision

Supervision of 500 level medical students in psychiatry posting

**D. Membership of Professional Bodies**

Senior member of the Chartered Institute of Public Management of Nigeria (December, 2017 till date)

**E. Publications:**

1. Adeyemo SO, Omoaregba JO, Aroyewun BA, Modebe VO, James BO, **Uteh BEA**, Ezemokwe CO. Experiences of Violence, Compassion Fatigue and Compassion Satisfaction on the Professional Quality of Life of Mental Health Professionals at a Tertiary Psychiatric Facility in Nigeria. *Open science journal of clinical medicine*, Vol 3, No 2, 2015, pp 69-73.
2. Omoaregba JO, Adeyomo O, Aroyewun A, **Uteh BEA.** Compassion fatigue and adopted coping strategies of mental health service providers working in a regional psychiatric hospital in Nigeria. *Journal of Behavioural therapy and mental health,* Vol 1, No 2, 2015 pg 38-48.
3. Omoaregeba JO, Eze GO, Oseyemwen NK, **Uteh BEA**. Changing levels in service engagement and pattern of socio-demographic and clinical characteristics in a psychiatric hospital in Nigeria. *South American journal of clinical research*, volume 2, issue 1, 2015.
4. Igbinowanhia NG, Olotu SO, Thomas FI, **Uteh BE**, Igbinigie N. Establishing an informal mutual support group for Carers of mentally ill patients: An Exploratory Survey from Nigeria. *Indian Journal of Social Psychiatry, volume 34, issue 2, 2018.*
5. Omoaregba J, **Uteh B.** Affiliate Stigma and Compassion Satisfaction among Mental Health Service providers at a Regional Psychiatric Hospital in Nigeria. *Journal of Behavioural therapy and mental health ,* volume 2, issue 1, pg 30-39, 2019

Research work in progress

1. Mothers’ experiences of stillbirths and implications for improving care at a tertiary hospital in South west Nigeria
2. Physiological and cognitive responses of anxiety in patients undergoing radiological procedures in a Nigerian tertiary facility

**F. Conferences, Seminars and Workshops Attended With Dates**

Conferences attended

1. 37th Annual General & Scientific Conference, West African College of Physicians, Abidjan (November 2013).
2. 38th Annual General & Scientific Meeting, West African College of Physicians, Nigerian chapter, Sokoto, Sokoto State (July, 2014).
3. 47th Annual General meeting & Scientific conference, Association of Psychiatrist in Nigeria, Benin City, Edo state (December, 2016).
4. 20th Biennial conference and general assembly of the Medical Women’s association of Nigeria (MWAN) (September, 2017)
5. 41st Annual General & Scientific Conference, West African College of Physicians, Dakar, Senegal (November 2017).
6. 48th Annual General Meeting & Scientific Conference of the Association of Psychiatrist in Nigeria, Jos, Nigeria (November 2017)
7. 13th Annual General Meeting & Scientific Conference of the Association of Catholic Medical Practitioners of Nigeria, Edo, Nigeria (July 2018)
8. 49th Annual General Meeting & Scientific Conference of the Association of Psychiatrist in Nigeria, Lagos, Nigeria (Nov. 2018)
9. 14th Annual General Meeting & Scientific Conference of the Association of Catholic Medical Practitioners of Nigeria, Lagos, Nigeria (July 2019)

Update Courses attended:

1. Behavioural Family Therapy training, Meriden family programme, Birmingham United Kingdom (January 2014).
2. **‘**Caring for Carers’ training programme, Meriden family programme, Birmingham United Kingdom (February, 2014).
3. Mandatory continuing professional education, Institute of Public Management, Nigeria (August, 2014).
4. Mandatory capacity building training programme; National Agricultural reform programme, Chattered Institute of Public Management (August, 2017)
5. Clinical management of HIV. University of Washington, 3 months online / onsite course (June 2017)
6. Mandatory professional training / workshop on “Corporate governance and good leadership”, Chattered Institute of Public Management (May, 2018)
7. 4 Ps Public management, Public administration, Public policy and Public service procedures

CIPM September 2018

Conference presentations:

1. Attitudes to schizophrenia and its treatment among patients and their relatives in the Federal Neuropsychiatric Hospital, Benin City at the 47th Annual General meeting & Scientific conference, Association of Psychiatrist in Nigeria, Benin City, Edo state (December, 2016).
2. Compassion fatigue and adopted coping strategies of mental health service providers working in a regional psychiatric hospital in Nigeria at the 47th Annual General meeting & scientific conference, Association of Psychiatrist in Nigeria, Benin City, Edo state (December, 2016).
3. Effective and efficient leadership- Redefined; the role of public managers in advancing organizations course. Chartered Institute of Public Management, Benin City, Edo state (September, 2018)
4. Depression in Adolescents. Training workshop on the special needs child and Depression and Suicide prevention in adolescents, IviEva in partnership with EISA THOTs, Benin City, Edo state (October, 2018)

**G. Current Relevant Information**

Services within and outside UNIMED

* Institutional coordinator for University of Medical Sciences / University of Medical Sciences Teaching Hospital on the National Suicide research and prevention initiative (NASURPIN)