

OLUWASIJ O. OLAITAN, PhD, RDN

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<https://scholar.google.com/citations?user=BYALLf4AAAAJ&hl=en>

EDUCATION

PhD (Human Nutrition & Dietetics),
University of Ibadan, Ibadan, Nigeria (2017-2024)

MSc (Human Nutrition),
University of Ibadan, Ibadan, Nigeria (2014-2016)

BSc (Agricultural Biochemistry & Nutrition),
University of Ibadan, Ibadan, Nigeria (2009-2012)

EXPERIENCE

Lecturer I/Research Fellow, Department of Nutrition & Dietetics, University of Medical Sciences, Ondo State, Nigeria, 2024-Present

Lecturer II/Research Fellow, Department of Nutrition & Dietetics, University of Medical Sciences, Ondo State, Nigeria, 09/2022-Present

- Teach and supervise undergraduate students in classroom and laboratory Courses, and projects
- Develop course and curriculum, revision and delivery
- Develop quizzes, continuous assessment assignments and examinations
- Serve as examination officer, course adviser and seminar coordinator

Assistant Researcher/Lecturer III (Department of Nutrition & Dietetics, Wesley University, Ondo, Ondo State, Nigeria, 03/2018-09/2022)

- Assisted in teaching and supervising undergraduates and research
- Served as Course Adviser, timetable planning, seminar & exam coordinator
- Assisted in procurement of nutrition laboratory equipment

Research Assistant (ad hoc staff) in Fruggie Project on Household Food Consumption of Fruits and Vegetables between Vietnam and Nigeria, 2021
Hosted by Department of Human Nutrition and Dietetics in University of Ibadan, Nigeria.

- Participated in endline survey of the intervention study
- Contributed to micro-mapping of study location using GPS, Data collection (Anthropometry, DDQ, Household Food Insecurity etc), Coupon delivery to respondents
- Reporting

PUBLICATION (Peer-reviewed Journal Articles)

1. Otolowo, D.T., **Olaitan, O.O.**, Oyediji, O.B., Sobowale, S.S., & Idowu, A.O. (2023). Effect of Daily Reheating on Quality Properties of Gbanunu (a traditional soup in Nigeria) and the Socio Demographic Characteristics of the Consumers. *Food and Humanity; 1*(2023):895-904
2. **Olaitan, O.O.** and Egbase, M.O. (2022). Nutrition Knowledge, Nutritional Status and Lifestyle of Athletes in Ondo Town, Ondo State, Nigeria. *Nigerian Journal of Nutritional Sciences; 43*:1(2022)

3. Akinmoladun, O.F., Oluyede, O.J., Femi, F.A., **Olaitan, O.O.** and Nesamvuni, C.N. (2021). Association between Nutrition Knowledge, Lifestyle, Dietary Practices and Nutritional Status among Civil Servants in Western Nigeria. *African Journal of Food, Agriculture, Nutrition and Development*; 21(10):18824-18838.
4. Okolosi, J.E, Fadupin, Grace T. and **Olaitan O.O.** (2021). Nutritional Status, Dietary Diversity and Infertility among Infertility Impaired Women in Ibadan, Nigeria. *Nigerian Journal of Nutritional Sciences*; 42(2):96-105.
5. Fadupin, G.T., **Olaitan, O.O.**, Itasanmi, E.T. and Okolosi, J.E. (2020). Breastfeeding Knowledge and Factors associated with breastfeeding initiation among Post-partum Mothers in selected areas in Ibadan, Nigeria. *African Journal of Biomedical Research*, 23(2020):283-288
6. Olanrewaju, O.I., **Olaitan, O.O.**, Roland-Ayodele, M.A.and Umeaku, P.O. (2020). Blood pressure patterns, stress assessment and anthropometric characteristics of health workers in Jos University Teaching Hospital, Jos, Nigeria. *Nigerian Journal of Nutritional Sciences*; 41:2
7. **Olaitan, O.O.**, Olanrewaju, O.I., Akinmoladun, F.O. and Fadupin, G.T. (2020). Central Obesity and Stress- Predisposing Factors to Hypertension among Health Workers in Jos University Teaching Hospital, Plateau State, Nigeria. *Current Research in Diabetes & Obesity Journal* 12(4):555845.
8. **Olaitan, O.O.**, Fadupin, G.T and Adebisi, A.A. (2018). Serum Lipid Profile and Nutritional Status of Hypertensive Outpatients in University College Hospital, Ibadan. *Internal Journal Biochemistry & Physiology. Vol. 3(2):000125*
9. **Olaitan, O.O.**, Adebisi, A.A. and Fadupin, G.T. (2018). Blood Pressure Pattern and Body Composition of Hypertensive Outpatients attending University College Hospital, Ibadan. *Journal of Public Health Catalog 2018; 1(14):112-119*
10. **Olaitan, O.O.**, Fadupin, G.T and Adebisi, A.A. (2018). Dietary Pattern, Lifestyle, Nutritional Status of Hypertensive Outpatients in University Hospital College, Ibadan. *African Journal Biomedical Researches. Vol. 21 (January, 2018): 29- 36.*

Manuscript under peer review

1. **Olaitan, O.O.**, Fadupin, F.T., Ariyo, O. Adebisi, A.A. Gender Differences in Food Insecurity and Association with Elevated Blood Pressure among Adults in Ondo State, Nigeria
2. **Olaitan, O.O.** and Alao, M.A. Stress Coping Strategies and Predictors of Breastfeeding Practices among Working-class Nursing Mothers visiting University Teaching Hospital, Ibadan, Nigeria

CONFERENCE PRESENTATIONS

1. Olaitan, O.O., Akinseloyin, O.J., Jacobs, T.M., Ogunjemilusi, M. (2023). Nutritional, Functional and Sensory Properties of Cookies produced from Composite Flours of Oat, Tigernut and Defatted Soybean. Presented at 5th Federation of African Nutrition Societies (FANUS) Conference held at Dakar, Senegal; 19th -23rd September, 2023
2. Olaitan, O.O., Fadupin, G.T., Ariyo, O. and Adebisi, A.A. (2023). Dietary Pattern and Lifestyle Practices Contributing to Gender Difference in Elevated Blood Pressure among Adults in Ondo State, Nigeria. Presented at 53rd National Scientific Conference & Annual General Meeting held at University of Benin

Teaching Hospital, Benin-City, Edo State, Nigeria; 21st-26th August, 2023.

3. Olaitan, O.O., Alao, M.A. and Fadope, G. (2022). Stress Associated Factors Limiting Breastfeeding Practices among Working-Class Nursing Mothers in Lagos State, Nigeria. Presented at 52nd Annual Nutrition Society of Nigeria Conference held at Abeokuta, Ogun State, Nigeria; 19th-23rd September, 2022.
4. Olaitan, O.O. and Yakubu, T. (2022). Dietary Practices and Prevalence of Nausea and Vomiting among Pregnant Women in Ijero Ekiti, South-western, Nigeria. Presented at 2nd Edition of Ibadan Public Health Conference organized by the Faculty of Public Health, College of Medicine, University of Ibadan, Nigeria; 27th – 29th June, 2022.
5. Olaitan, O.O., Otolowo, D.T. and Oyediji, O.B. (2019). Effects of Heating and its Length on Nutritional Composition and Microbial Properties of Home-made Marugbo (*Clerodendrum volubile*) soup. Presented at 25th Annual Conference of Foundation for African Development through International Biotechnology (FADIB) at Alex Ekwueme Federal University, Ndufu-Alike, Ebonyi State; 3rd-6th November, 2019
6. Olaitan, O.O. and Oladejana, J.T. (2019). Nutrition knowledge, Awareness of Healthy Diets & Lifestyle of Commercial Vehicle Drivers in Ondo Town. Presented at 49th Annual General Meeting & Scientific Conference of Nutrition Society of Nigeria; 10th-13th September, 2019.
7. Olaitan, O.O., Olanrewaju, I. and Fadupin, G.T. (2019). Prevalence of Central Obesity and Stress among Health Workers in Jos University Teaching Hospital, Plateau State, Nigeria Presented at Innovation for Development by College Research & Innovation Management (CRIM), University of Ibadan, Nigeria; 10th-12th September, 2019
8. Olaitan, O.O. and Olanrewaju, I. (2019). Blood Pressure Pattern, Nutritional Status and Lifestyles of Health Workers in Jos University Teaching Hospital, Jos, Plateau State, Nigeria. 4th Federation of African Nutrition Societies (FANUS) Conference at Kigali, Rwanda; 26th -30th August, 2019

SKILLS

1. Proficient in the use of statistical software such as; Food Processor (ESHA), WHO anthro & anthro plus, STATA, SPSS, Microsoft words, excels, power points, Corel draw for data design and analysis
2. Food Model preparation for demonstration in teaching students and for nutrition counseling of patients
3. Nutritional Assessment (Anthropometry, Biochemical, Clinical & Dietary)

AWARDS/HONOURS

1. **Fellow**, Strengthening Programming for Adolescents and Youths through Resource and Knowledge Generation and Link to Evidence (SPARKLE) Project Training, 2024 in University of Medical Sciences, Ondo, Nigeria.
2. **Young Investigator Award** presented by Nutrition Society of Nigeria during 52rd Annual Scientific Conference at Ogun State, Nigeria; 19th-23rd September, 2022.
3. **Best Abstract submitted (Postgraduate)** presented by; College Research & Innovation Management College of Medicine, University of Ibadan, Ibadan, Nigeria; 12th September, 2019
3. **Postgraduate College International Conference Grant** presented by The Postgraduate College, University of Ibadan, Nigeria; 5th November, 2019

LEADERSHIP

1. General Secretary, University of Ibadan Baptist Student Fellowship Alumni Association, 05/2021- Present
2. Present, Baptist Student Fellowship, University of Ibadan, Nigeria, 2011/2012

EXTRA-CURRICULUM ACTIVITIES/ COMMUNITY SERVICES

1. Supervisor, Local Government Election organized by Oyo State Independent Electoral Commission (OYSIEC), 04/2024
2. Ward Returning Officer, Local Government Election organized by Oyo State Independent Electoral Commission (OYSIEC), 04/2021
Presiding Officer, Gubernatorial Election organized by Independent National Electoral Commission (INEC) at Anambra State, Nigeria, 01/2014
3. RI-MNCH PAPA Surveyor, World Health Organisation (WHO) at Surulere Local Government Area, Oyo State, Nigeria, 05/2021
4. Research Assistant, Fruggie Project (Vietnam & Nigeria) on Household Food Consumption hosted by Department of Human Nutrition & Dietetics, University of Ibadan, Nigeria, 09/2021-12/2021
5. IPDS Microplan Independent Validator/Monitor & Senior Supervisor, World Health Organisation (WHO) at Oriire Local Government Area, Oyo State, Nigeria, 02/2017 & 05/2017

PROFESSIONAL TRAINING AND CERTIFICATION

- Supplements Science, Health Professional Academy CPD, 2024
- Enteral Formula Composition and Delivery Considerations for Adult Patients (Abott Nutrition Health Institute CPD), 2024
- Dietetics Practice License- (Institute for Dietetics in Nigeria), 2023
- Demographic and Health Surveys (DHS) dataset user course, 2023
- Certificate on Pedagogy (University of Medical Sciences, Ondo State, Nigeria)
- Diploma in Effective Teaching Principles for 21st Century (Alison CPD Certification Service), 2022
- Certificate on Introduction to the Learning Process for Teachers and Learners (Alison CPD Certification Service), 2022

PROFESSIONAL MEMBERSHIPS

- American Society for Nutrition (128293), 2023- Present
- Health and Care Professions Council (DT/033833), 02/2024- Present
- Institute for Dietetics in Nigeria (IDN/192/2023), 08/2023- Present
- International Confederation of Dietetic Associations (1427/80), 08/2023- Present
- Nutrition Society of Nigeria (NSN/F/17/1383), 09/2017- Present